



2023 IRONKIDS Fun Run & Doggie Dash

ENJOY THE FUN!

- Mingle with mascots
- Obstacle course, games and crafts
- Photo booth
- Snow cones
- Ambulance tours
- Pet vendors

Village booths/activities begin at 8:30 a.m.

Northshore Park
2505 Lake Woodlands Dr.
The Woodlands, TX 77381

“GOODIE BAG” PICK UP

April 13-14: 3-7 p.m.

YMCA for IRONKIDS and Doggie Dash:
6145 Shadowbend Place
The Woodlands, TX 77381

PetSmart® for Doggie Dash only:
19075 I-45
Shenandoah, TX 77385
and 6545 Grand Pkwy.
Spring, TX 77389

April 15; 8:30-9:15 a.m.
Northshore Park

Saturday, April 15 at 8:30 a.m.

Join us at Northshore Park in The Woodlands

The **IRONKIDS Fun Run** offers young athletes the opportunity to feel the excitement of competition, while enjoying the outdoors and promoting healthy living. Running clubs are welcome! Each athlete receives a “**Goodie Bag**” with a race bib, shirt, finisher medal, as well as the pride of calling themselves an IRONKID.

Doggie Dash New! The Doggie Dash following the children’s runs, where each leashed, vaccinated dog gets a shirt and bandana, plus a finisher dog tag.

Register online: ironman.com/ironkids

- **Diaper Dash** - 26.2 ft. (independent crawlers, under 2 years)
- **Half mile** (ages 3-8 years) or **Mile** (ages 5-17 years)
- **Doggie Dash** - half mile or mile (6 months and older, leashed with handler)*
** Doggie Dash begins at 11 a.m. and benefits Operation Pets Alive.*
- **Toddler Dot Trot** - 80 ft. (independent walkers, ages 1-3 years)

\$25 per child (or dog) registration fee
(Debit/credit cards only for onsite registration)

